

Vibration Cooking From the Heart.....

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Carol Batey makes yummy jams, spreads, sauces from nature's fruits...

Raspberry Apple Hot Pepper Jams can be used on meats, vanilla ice cream, fresh fruits and cream cheese with crackers.



Carol's favorite Spread is Tomato/Basil. Once you spread this delight on a whole wheat cracker with cream cheese, you won't ever forget the taste! When she serves this tasty favorite to her guests, they want jars to take home!

This vibration cook fixes Hot Salsas to top off dishes, chips, fishes, and more.

Now, her tomato Spice Jam or Spread is to die for!

You must also try her Peach/Cucumber Salsa and her Apple Butter with a hint of fresh mint or cinnamon candy.

Batey also makes natural skin-care products such as: Peppermint Shea Butter cream and a foot scrub to match!

She also creates a Cream with a touch of Orange oil for the entire body.

Her specialty Shea butter creams are Lemongrass with a hint of orange.

As a massage therapist, she uses this combination on her clients.

All services are by appointment and she must have an hour notice. Body Massage, Lifestyle Coaching, Reflexology, Skin Care Products, All services are \$65 and hour and \$35 for ½ hour

Call for an appointment!

Carol Batey is an Author, Lifestyle Coach, and massage Therapist. Her books: "Parents are Lifesavers," "In Due Season: Destiny's Calling Your Soul," "Poise for the Runway of Your Life," and Newly Released, "What's Cooking in your Soul?"