



## September-October Newsletter

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By Lifestyle Coach Carol Batey

### *Hold On To Your Dreams*

NKJV Galatians 6:9: “*And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.*”

Some of you are asking, “How can I hold onto my dreams and visions after not being successful, a failed marriage, death of a loved one, or loss of a job or home?” A few say that I am too old, then believe I lack the education and the connections to get me where I want to go. Often those negative thoughts and vibrations may cause us to grow weary in our “while doing good.” Did you realize that the word *dream* appears 122 times within the Holy Bible?

First, you must understand and remember that God does not act with respect to the person. What the Spirit can do for someone you know, the Spirit can truly do for you according to your faith and your belief. In the book of Matthew 9:28 (KJV), it reads: “*It is done unto you as you believe.*” What do you believe about your dreams and visions? How important are your dreams? Do you remember them? What are your fears about your Destiny?

When I was a young teen my inner dreams and visions were to model and write books. I also had the ambition to use my creative skills in the visual arts. At 14, I started on that path of my destination without any parental support. There was a posted National Model Search; I entered it and was a finalist! After high school, I entered Fashion and Merchandising School. A little after three months, I dropped out because of

mishaps and hardships that came upon me. When I was young I wasn’t a “good student” academically – my learning style wasn’t present. But in Fashion school I made As and Bs. I come from a family background of educators. But that route was never for me – my path was so different. I walked to the beat of my own heart even at a young age! My inner soul wanted to create art, model, and write books! I have written about “how to recapture” dreams in more detail in my books: *In Due Season: Destiny’s Calling Your Soul* (2007), *Poise for the Runway of Your Life* (2009), and *What’s Cooking In Your Soul?* (2010). Think back: What did your inner soul desire to create?

#### **Getting Back on Plan**

After many bumps and mishaps on the road of life, finally, I re-entered school and finished my degree. Life is good! I met my ex-husband. We dated, fell in love and later got married. He had one set of ideas for our life that he forgot to share with me and I forgot to ask. Nevertheless, I didn’t clearly share the inner dreams and visions within my soul that I had held since a teen. Once the wedding ceremony was over and we said “I do,” he said, “You don’t have to work; let’s have children!” That’s not what he meant: “You don’t have to work.” Later on I went to a retail shop and got a job. Within six

months of me working there, he told me I liked my job too much. Guess what, I quit! At that time, I started to suppress my inner dreams. Four years later, the children came into the picture and I didn't work outside the home.

### **The Book *Parents Are Lifesavers***

Our children's principal asked me if my husband and I would be the Parents/Teacher Organization's presidents. I said, "No!" When I left the building and headed toward the freeway, the voice of God within me said "Go back and say 'Yes!'" Right now I am going to tell you something so simple, yet profound. Living and creating your dreams is not about any of those excuses that I list at the beginning: money, home, education, lack, and limitations. It's about saying "Yes!" Can you say "Yes!" to the dream that has been buried inside your soul for many years or more? Can you say "Yes!" to the visions that you and God created when you asked to be more fulfilled in your life, world, and affairs? What were your dreams when you were a child?

When that principal asked that question, I went home to tell my husband. He said, "You don't have time." I went into the next room where the phone was and called her back and said "Yes!" The entire plan for the Parent/Teacher Organization was given to me. Matthew 7:7 (NKJV), **Keep Asking, Seeking, Knocking:** "Ask and it will be given to you; seek, and you will find; knock and it will be opened to you." This was a Parent/Teacher Organization, not a spiritual purpose, right? However, everything in our life is spiritual and has a spiritual solution, if we seek it. From me saying "Yes!" to God, I was able to move forward with that work, create a job at the district level, and write a book for a well-known educational publisher for teachers. Can you say "Yes!" to your inner dreams today? Can you say, "YES", and surrender to God?

### **Ending the Marriage**

After a few years, I ended the marriage and started another journey: my awakening. Before the marriage ended, I went to massage school. One must have a *Plan to Action* for creating newness in your life or dream. Even though I was working, I still felt something was *missing* in my life. Have you ever felt that way? So, I went to herb school, and then to skin-care school. I was diagnosed with fibromyalgia after a car accident. Fibromyalgia is an auto-immune deficiency within the body that attacks the muscles and causes pain and discomfort. While being divorced, there were painful years of dealing with those symptoms and five teenaged children. I was sick and tired of those feelings. At age 49, I woke up to reclaim my life and make changes within my life. That's when I remembered my childhood dreams. I was ready to step into them. It took two years to change and transform my life. After one year, at the age of 50, I entered modeling school. My goal and intention was to receive a modeling contract with a reputable agency outside of Nashville. While going through the transformation, there were many losses and challenges, but I did receive that contract one year later with Elite in Atlanta.

*So remember...*

**"Hold On To Your Dreams"**

--Carol Batey, Author, Lifestyle Coach