



## Carol S. Batey

Author  
Metaphysical Lifestyle Coach  
Motivational Speaker

### **Published Works Include:**

"Parents Are Lifesavers!"  
"In Due Season: Destiny's Calling Your Soul"  
"Poise for the Runway of Your Life"  
"What's Cooking in Your Soul"

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### *Bio*

Carol Batey, Author and Metaphysical Lifestyle Coach is the mother of six children and the author of numerous magazine and newspaper articles. As the author of "Parents Are Lifesavers" she teaches and supports those educators and parent-leaders who are looking to increase parent involvement! In December 2010 she was featured as an expert for Ebony magazine page 115.

Her 2nd book, "In Due Season: Destiny's Calling Your Soul" is a recap about the events that occurred in the past 2 1/2 years as she approached her 50th birthday. The unwrapping of her soul was unveiled into the person she appears today. Now she is willing to share this inspirational message of reinventing herself with her readers and seekers of personal transformation.

In her sophomore book, "Poise for the Runway of Your Life," she shares her passions, personal revelations, insights, and victories and how she regained her balance and poise through her life changes and lessons. Upon the demise of her twenty-one year marriage and her sole career as a homemaker, she made the conscious choice to embrace and pursue the passions of her heart to model, teach metaphysics and write.

Carol's latest project, that was just released September 2010, is entitled "What's Cooking in your Soul?" The readers are asked this question because most people don't take the time to find out. Carol takes her readers on a journey of introspection that allows each person to come out with their own SECRET INGREDIENT to their spiritual and personal transformation. This book also features Carol's one of a kind Vibration Cooking, and recipes! Total healing can be achieved through all of her works.

Carol's signature workshops are "Your Destiny Awaits You!", and "Why Aren't You Writing?"

## *Carol's Mission*

William Jennings Bryant said, Destiny is not a matter of chance it is a matter of choice, it is not a thing to be waited for, it is a thing to be achieved.

Carol's personal mission: When she is metaphysical coaching - using lessons from the life skills she learned and developed - to empower women, men and children to use their potential on their life's journey. After putting herself within her students' and readers' traveling shoes, covering the miles upon miles they will need to reach their ultimate inner goal or personal transformation, she helps them map their path. Many have asked how to make time to accomplish their purpose and where the money will come from. To uncover your personal transformation, you first start with a desire to create. Next, a spiritual practice of meditating, fasting and prayer, journaling, being still and listening, and physical exercising and proper nutrients will help you start your transformation.

Are you ready to travel the runway of your life? Using the power within and metaphysics you can!

Examine your ego, as I did, to discover your desires for the reason for wanting to change, and make a resolution to do the hard work necessary to get physically, spiritually, emotionally, and mentally fit. My goal was to create a new Carol. What is your goal? Do you need or want newness within?

The labor and the miles I traveled weren't as hard once I surrendered and gave into the Universal Spirit's laws. The Law of Attraction and Allowing! The principles in my books is what I use to coach classes which are tried, tested, and proven true if your heart and soul are open and your spirit and mind are willing. Are you willing?

With the Master Creator's divine help we can awaken our minds, bodies, and souls to remember our divine purpose here on earth at this time. Seeking the Divine's help by asking for assistance from the Spirit is where we start first, since we are co-creators in our destiny. Take this time to remember your soul's divine purpose.

All of my books are catalysts for change, if your are open to finding the buried treasures within your soul, spirit, and mind. The principles mentioned will nourish and direct your path and soul. Then the power of God will start to transform your life. Spirit's guidance will be felt within your life, soul and around it, directing your path daily. Learn to let go, surrender to the Universal God and the Laws of the earth. "The Law of Attraction and Allowing." You will inherit joy, peace, wisdom, abundant living, and a new purpose in life. You will create unity with your God. This is my mission for all who are ready and willing to receive. Peace and Blessing, Carol S. Batey, Metaphysical Coach.